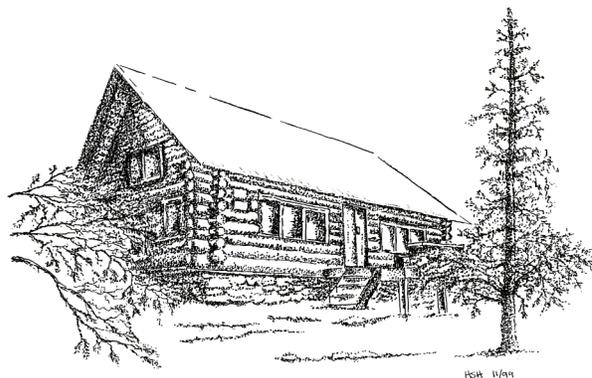


RIDGE LINES



GREEN MOUNTAIN CLUB
BURLINGTON SECTION
www.gmcburlington.org

Summer 2010

One Hundred Years of History - cont.

All four 2010 issues of *Ridge Lines* will feature articles about our history, to celebrate the hundredth birthday of the Green Mountain Club and the Long Trail.

In this issue, we take you on an armchair hike of the Burlington Section of the Long Trail, stopping at lookouts, scenic vistas, summits, shelters, lodges and camping areas. See pages 2-5.

We're hoping that this will inspire many of our members to sign up for the Birthday Celebration Relay Hike!

For four weeks this summer, GMC will hold guided day hikes along the entire Long Trail. The relay will start at the Massachusetts border on Saturday July 17 and finish at the Canadian border on Sunday August 15.

On three days in August, the Relay Hike will pass through our area.

- ❖ 8/6 (Fri) River Road to Bolton Notch Road led by Pete Saile
- ❖ 8/7 (Sat) Bolton Notch Road to Nebraska Notch led by Sue Girouard
- ❖ 8/8 (Sun) Nebraska Notch to Smugglers Notch led by Phil Hazen

See page 10 for details!

You can also look at the schedule for the entire Relay Hike at http://gmc.convio.net/site/PageNavigator/LT_relay_hike_2010

Also in this issue

- Reflections on a Taylor Series Event - page 6
- Position Open on Executive Committee! - page 6
- Critter Column: Peregrine Falcon - pages 6 and 7
- Outings and Activities - pages 9 - 11

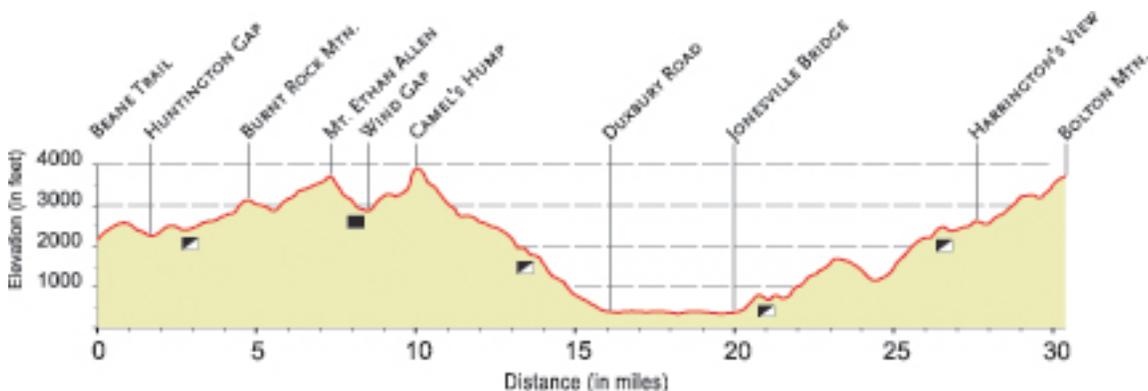
Highlights and History of the Long Trail: Jonesville to Smugglers Notch

By Valerie Wilkins - with extensive help from the following sources:

- GMC's *Long Trail Guide*
- GMC's *Place Names on Vermont's Long Trail*
- "Green Mountain Club Long Trail System Shelter History," an amazing labor of love completed in 1999 by Paul and Joanne Woodward of the CT Section
- *Ridge Lines*, Fall-Winter 2005 issue

The Burlington Section of the GMC maintains the Long Trail, side trails, and shelters from Route 2 in Jonesville to Route 108 in Smugglers Notch. (Because of heavy tourist use, GMC Headquarters manages the 2.6 mile section of the LT that runs along the Mt. Mansfield ridgeline from Butler Lodge to Taft Lodge.) The Burlington Section's stretch of the Long Trail is 23.4 miles long and includes some of the most rugged and beautiful terrain in Vermont.

Heading south to north, the Burlington Section of the Long Trail starts at the **Winooski River** in Jonesville (elevation 326') and heads up from there, reaching the peak of **Bolton Mt.** (elevation 3725') in 11 miles. Over the next 4.6 miles, the trail dips down into **Nebraska Notch** (elevation 1780') before beginning the ascent up **Mt. Mansfield**. The trail crests the Forehead of Mt. Mansfield (elevation 3940') in 3.5 miles and then continues 2 miles along the ridgeline to the Chin (elevation 4393'), the highest point in Vermont. From there, it's a short 2.3 miles down to Route 108 in **Smugglers Notch** (elevation 1600'). Of course, anyone who has hiked along this section of the Long Trail knows that there are many ups and downs in between the high and low points we've noted here. Fortunately, there are many wonderful things to see along the trail that provide the motivation to continue on—and many wonderful shelters where you can stop to rest your weary body.



From the Winooski River to Nebraska Notch

The trail from Jonesville to Bolton Mountain has several lookouts offering exceptional views of Lake Champlain and the Adirondacks, Camels Hump, Robbins Mountain, Mt. Mansfield, Bolton Mountain, Bolton Valley, and Ricker Mountain. **Harrington's View**, named after its discoverer, Jack Harrington of the Burlington Section, is a particularly nice place to stop and linger.

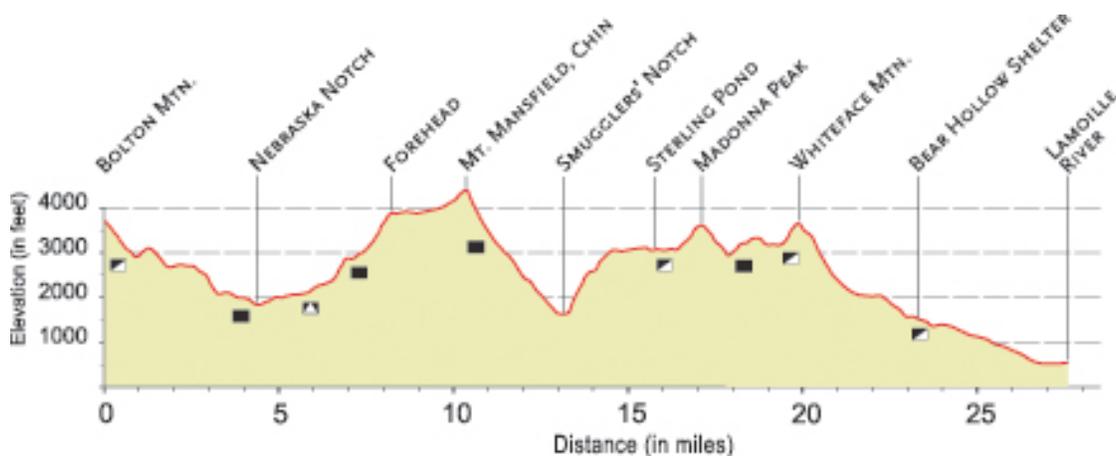
Duck Brook Shelter, Buchanan Shelter and Puffer Shelter (just beyond Bolton Mountain) provide shelter for hikers. **Duck Brook Shelter** is an open front frame shelter named after the brook that flows nearby. The Long Trail Patrol (GMC's professional trail crew) built the shelter in 1966. **Buchanan Shelter**, just north of Bolton Notch on the southwest slope of Bolton Mountain, was built by the Burlington Section in 1984 and named for Professor Roy Buchanan, the founder of the Long Trail Patrol. **Puffer Shelter** replaced Puffer Camp, which was originally built in 1954 but was destroyed by fire in 1974. In 1975, the Burlington Section built Puffer Shelter in one weekend with the help of 125 volunteers who carried in precut materials for three miles. Puffer Shelter and Puffer Camp are named in honor of Louis B. Puffer, who was very active in the Green Mountain Club. A professor of civil engineering at UVM, he drew the maps that were used in the Long Trail Guide for many years.

Highlights and History of the Long Trail: Jonesville to Smugglers Notch - cont.

From Bolton Mountain, the Long Trail passes over the wooded summits of **Mt. Mayo** and **Mt. Clarke** en route to Nebraska Notch. Along the way, hikers are treated to views of Mt. Mansfield and the Worcester Range, Lake Mansfield, and a beautiful meadow with beaver ponds and dams. **Nebraska Notch** is a wonderful area to explore. The Notch can be easily accessed from side trails that start in Underhill and Stowe. For those looking for a little adventure, the short **Clara Bow Trail** takes you through a jumble of large boulders with tight squeezes and vertical drops to navigate.

Taylor Lodge has provided refuge to hikers since 1926 and has a long and rich history. Nebraska Notch Lodge, as it was once called, burned in 1951 after a group of boys tried to keep themselves warm by burning mattresses. A new log cabin was built and named after J.P. Taylor, the founder of the Green Mountain Club. When the cabin was completed, seventy-four volunteers had a "shower" for the new Lodge, hiking up through Nebraska Notch with frying pans, pots, axes, saws, pails, brooms, dustpans, and other items. (In the early days, GMC's shelters contained bedding, dishes, pots and pans, tools and wood stoves.) Taylor Lodge again burned to the ground in September 1977, possibly because a departing hiker left an unattended fire going in the wood stove. A third Lodge was completed the next year (1978) - this time with no wood stove! In 1981, Taylor Lodge was seriously vandalized when wire bunks were pulled apart and piled on the floor to make a bed for a fire, with the tables, benches and bunks used for fuel. Although the fire burned through the floor, it didn't destroy the building.

Over the years, Taylor Lodge has been the site of some noteworthy culinary events. In 1941, a hiker tried to heat up a can of baked beans by putting it inside the stovepipe. He neglected to punch a hole in the can and ended up wearing most of his supper. Another hiker tried the same thing with a can of corn; this attempt created a rocket that trailed a stream of corn over a considerable distance.



From Nebraska Notch to Smugglers Notch

From Nebraska Notch, the Long Trail heads northward along the western slope of **Dewey Mountain**, named for George Dewey of Montpelier, a highly regarded squadron commander in the Spanish-American War. The **Twin Brooks Tenting Area** provides the best tenting opportunity in the Mt. Mansfield area of the Long Trail. The tenting area was completely renovated in 1997 and the following year it was dedicated to Roland Boucher, who took care of blazing the trail in this area from 1988 until his death in 1995. The sign commemorating the dedication of Twin Brooks was restored and reinstalled by GMC members in 2009.

Just .7 miles north of Twin Brooks is **Butler Lodge**, built in 1933 by the Long Trail Patrol and named after a Burlington Section hiker named Mabel Taylor Butler. Butler Lodge provides great views of the Green Mountain peaks to the south, the Champlain Valley and the Adirondacks to the west, and the Forehead of Mt. Mansfield to the north and east.

Highlights and History of the Long Trail: Jonesville to Smugglers Notch – cont.

Butler Lodge is a log cabin nestled among huge rock ledges, with stone steps leading to a sturdy door, sleeping platforms, and glazed windows. Led by Dana Baron and Leo Leach, the Burlington Section reconstructed Butler Lodge in 2000. The roof was propped up as volunteers replaced rotting sills and rebuilt the floor and walls. Volunteers also repaired windows and painted windowsills. Care was taken to preserve the unusual construction of both horizontal and vertical logs. For many years, Butler Lodge has been the site of an annual Burlington Section Winter Solstice hike.

Heading north from Butler Lodge, the Long Trail begins a steep and rough climb to the **Forehead** of Mt. Mansfield. Along the way, the trail passes through Needle's Eye and over rocks and ledges, with ladders to help hikers up and over some of the trickiest places.

Mt. Mansfield is Vermont's highest mountain. Many are fond of pointing out the ridgeline's resemblance to the face of a person lying flat on his back, with his face to the sky. From south to north, you can see **Forehead, Nose, Upper and Lower Lips, Chin, and Adam's Apple**. The ridgeline is one of three arctic-alpine areas in Vermont, with plants that are normally found 1500 miles north in Canada. These plants are hardy enough to withstand the harsh climate but are slow growing and extremely vulnerable to trampling by hikers. GMC Summit Caretakers are present during the busiest hiking months to educate visitors about the need to stay off the plants.

The views from Mt. Mansfield are dramatic and extend in all directions. To the north, you can see Sterling Range, Laraway Mountain, Big Jay and Jay Peak, Belvedere Mountain, Mt. Pinnacle in Canada and, on a very clear day, Mt. Royal in Montreal. To the east, you get a wonderful view of the Worcester Range and the peaks of the Northeast Kingdom and the White Mountains of New Hampshire. To the south, you can see Bolton Mountain, Camels Hump, Lincoln Mountain, the Bread Loaf Mountains, and Killington. To the west, you get a fabulous view of the high peaks of the Adirondacks, including Whiteface and Mt. Marcy.

Aside from the Long Trail, many side trails crisscross Mt. Mansfield, including Rock Garden, Frost, Wampahoofus, Haselton, Canyon, Subway, Profanity, Halfway House and others. One could hike Mt. Mansfield many times and never take the same trail twice.

From the Chin, the Long Trail drops quickly down to **Taft Lodge**, the oldest and largest shelter on the trail. Taft Lodge is on the Register of Historic Sites and is probably the most frequently visited shelter in Vermont – both by overnighters and by large numbers of day hikers heading up from Smugglers Notch to the Chin. The drawing used in the masthead of Ridge Lines is a sketch of Taft Lodge done by Herm Hoffman.

Taft Lodge was first built in 1920 to meet the needs of people who came to Vermont's mountains to escape worries about World War I. Elihu Taft, a Burlington lawyer and judge, provided the funding. The first Taft Lodge had lots of amenities including a good wood stove, warm army blankets, tents for use by overflow crowds, and even some dishes and cookware. More than 1500 hikers visited the Lodge between 1920 and 1926.

During the thirties and forties, heavy snows and rotting logs resulted in significant damage to Taft Lodge. Volunteers replaced rotting timbers, pulled the Lodge back to an upright position, and anchored it to the mountain with strong cables. Taft Lodge needed further extensive repairs in the early sixties. Members of the Long Trail Patrol stayed at the Lodge for three weeks and replaced some of the bottom logs, repaired the leaky roof, rebuilt bunks, and made a new outhouse.

Taft Lodge was completely rebuilt in 1996. A landing area was cleared so Vermont National Guard helicopters could deliver some of the materials to the site. Volunteers Fred Gilbert and John Bennett took up residence on site, living in tents all summer long, working sixteen-hour days themselves as well as organizing crews of other volunteers. Fred and John finally packed up tents and tools and hiked down off the mountain in September 1996. With more headroom than most Long Trail Shelters, the lodge has sleeping space for twenty-four, a built-in closet for the caretaker's belongings, and a sturdy metal roof.

Highlights and History of the Long Trail: Jonesville to Smugglers Notch - cont.

From Taft Lodge, the Long Trail descends to **Smugglers Notch**. The notch is a narrow, rugged pass separating Mt. Mansfield and Spruce Peak. Beginning with the Embargo Act of 1807 and lasting through the War of 1812, the federal government put restrictions on trade with Britain. In 1808, the trade embargo was broadened to include Canada. Illicit commerce may have passed through the notch from Jeffersonville to the north and Stowe to the south, giving the notch its name. (Editor Maeve Kim has heard stories from Vermonters, including her own relatives, about more recent smuggling through the Notch. During Prohibition, some farmers supplemented their incomes by bringing liquor into Vermont from Canada. The Notch's dangerous and winding road was a good place to outrun federal agents!)

Current Shelter and Trail Adopters

We want to recognize the current Shelter and Trail Adopters who work hard behind the scenes to maintain the many special places along this 23.4 mile stretch of the Long Trail!

Shelter Adopters	
Coordinator	Linda Evans
Duck Brook Shelter	Kersten Lange
Buchanan Shelter	Herm Hoffman & Clem Holden
Puffer Shelter	Jeff Bostwick
Taylor Lodge	Jenifer Andrews
Twin Brooks Tenting Area	Scott Buckingham
Butler Lodge	John Boyson
Taft Lodge	UVM Outing Club
Trail Adopters	
Coordinator	Sue Girouard
Jonesville to Bolton Notch Road	Marla Hayes
Bolton Notch Rd to Buchanan Shelter Spur	Nancy McClellan
Buchanan Shelter Spur to Bolton Valley Eagle's Nest	Stephen Burke
Eagle's Nest Trail to Raven's Wind	Peter Warner
Raven's Wind to Mt. Mayo	Doug Houston
Mt. Mayo to Taylor Lodge	Andrew Follet
Taylor Lodge to Twin Brooks Tenting Area	Andrew Squires
Clara Bow Trail	Marija Zagarins
Nebraska Notch Trail	Priscilla Kimberly
Twin Brooks Tenting Area to Butler Lodge Trail	David Pell
Butler Lodge Trail	David & Zack Ellenbogen
Wampahoofus Trail	Daniel Scheidt
Maple Ridge Trail	Lane Dunn
Rock Garden Trail	David Hathaway
Frost Trail	Catherine & Thad Krueger
Haselton Trail	Jill & Ted Haas
Cliff Trail	David J. Angolan
Halfway House Trail	St. Michael's College
Sunset Ridge Trail: above treeline	Kevin, Heidi, and Sherman Wood
Sunset Ridge Trail: below treeline	Tony Julianelle
Laura Cowles Trail	John Jaeger
Taft Lodge to Route 10	Dana Baron

Memories of the March 19 Taylor Series Event

Eighty-two GMC members and non-members gathered on March 19 at St. Michael's College to hear, see and enjoy Kathy Frank's presentation of her kayaking adventure around Lake Champlain, with Margy Holden. The program, *Lake Champlain, Seen from the Water*, was sponsored by the Burlington Section as part of the annual Taylor Series program.

Kathy and Margy paddled the entire shoreline of Lake Champlain over four years, a total of more than 650 miles. Kathy's presentation was a fascinating account of the lake's natural beauty, geology and shoreline development. She managed to fascinate and inform her audience, mixing a great deal of information with a wonderful sense of humor.

Kathy and Margy co-authored the book *A Kayaker's Guide to Lake Champlain: Exploring the New York, Vermont and Quebec Shores*. A reviewer at Amazon.com wrote that the book "is beautifully and clearly organized, filled with nuggets of information that even those of us who do not paddle, but love lakes, history, and wildlife, can embrace. Featuring the treasures and history of Lake Champlain as viewed from the water, the book's personal stories and descriptions bring every one of its useful sections to life and make this guide a delightful experience for the reader."

Position Open on Executive Committee

This year's Taylor Series event was one of many wonderful events that have been planned and organized by Anneliese Koenig over the past few years. Unfortunately, Anneliese is moving on to new challenges, so we're looking for someone else to be in charge of the Annual Meeting and Taylor Series. This position requires creativity, energy and organizational skills. If you are interested, please contact Phil Hazen at 355-7181 or philhazen@comcast.net.

CRITTER COLUMN

Another in our now-and-then feature of facts and stories about Vermonters who walk on four legs, hop, bound, slither, or fly

Our feature animal this time is the ***Peregrine Falcon***. We chose the peregrine because every summer, the Vermont Fish & Wildlife Department closes several cliffs in the state to protect nesting peregrine falcons.

Peregrines have nested at almost forty sites in Vermont, but the state closes only the areas where there's a good chance that hikers, rock climbers or other visitors might disturb nesting birds. That includes the parts of cliffs where the birds are nesting and the trails leading to cliff tops or overlooks. In many cases, the lower portions of trails remain open. Most closed areas are reopened the first of August.

In the past, the state has closed all or parts of trails at the following locations:

- **Bolton Notch in Bolton**
- **Smugglers Notch**
- **Deer Leap in Bristol**
- **Snake Mountain in Addison**
- **Marshfield Mountain**
- **Mt. Horrid in Goshen**
- **Rattlesnake Point in Salisbury**
- **Nichols Ledge in Woodbury**
- **Fairlee Palisades**

Read more about Peregrine Falcons on the next page.

CRITTER COLUMN - Peregrine Falcon - cont.

Falcons are raptors, or birds of prey. They have longer, more pointed wings and longer tails than hawks. Three falcons regularly nest in Vermont: the peregrine and its smaller cousins, the kestrel and the merlin. (We're also sometimes visited by the larger gyrfalcon.) The name "peregrine" means wanderer, an appropriate name for a bird that can be found nearly everywhere on Earth. Peregrines breed in just about every ice-free part of the globe except New Zealand. They're happy in tundra, taiga, tropics, rainforests and even some deserts. In the last few decades, nesting peregrines have shown up in many major cities, where they treat skyscrapers as cliffs and urban streets as canyons. Peregrines make impressive yearly migrations. The young peregrine that's fledged on a Vermont cliff might spend his winter in the southern United States or might even go as far as Mexico.

Peregrine falcons are about the same size as crows but have a wider wingspan, as much as 39 inches. They are incredibly fast flyers. Peregrines have been clocked at 200 miles per hour when they're diving on prey. They eat primarily birds and usually catch their prey in midair.

Peregrine falcons usually nest on high rocky ledges close enough to open hunting areas so they can easily leave their young for food expeditions. Their nests are just hollows in the loose gravel or soil, without any additional material. Females generally lay 3 to 4 eggs that are whitish with heavy brown markings.

Peregrines in the United States were almost wiped out in the 1950s and 1960s by DDT, which was widely used as an insecticide. DDT in the environment resulted in very thin eggshells and reduced nesting success. After DDT was banned in the 1970s, the population of many bird species (including peregrines, osprey and loons) rebounded.

The State of Vermont, U.S. Fish and Wildlife Service, National Wildlife Federation, Vermont Institute of Natural Science (VINS), Green Mountain National Forest, The Nature Conservancy, the Peregrine Fund, Inc. and the Vermont Department of Fish and Wildlife have joined forces on several projects to help peregrines. From 1982 to 1987, young peregrines hatched in captivity were raised in artificial nest boxes and released at various locations in the state. The young birds were banded so that scientists could get information about their migration and life span.

The Nongame Wildlife Fund was created in 1986. Vermonters check a box on their state tax returns to donate money that will benefit the state's nongame species. Dollars raised are used to study and manage specific species and their habitats and to provide educational programs. In addition to the check-off box on tax returns, Vermonters can make direct donations by sending checks to:

Nongame Wildlife Fund
Vermont Fish & Wildlife Dept.
103 S. Main St., Waterbury, VT 05671-0501

Hikers can do their part by following these guidelines:

Look for and obey signs about closed trails and cliffs.

Even if you don't see a sign, stay at least a quarter of a mile from a known nest site during the breeding season (March-July).

If you see a peregrine falcon and it starts making a loud noise like "kek-kek-kek", back off immediately. (That's the bird's danger call, indicating that it is feeling stressed.)

If you see a peregrine falcon, or if you're lucky enough to see nesting activity, share your findings with the Vermont Fish and Wildlife Department. The easiest way is to go to their website and click on "contact us".

Welcome to our new members!

In the last few months, the following people have become new members of the Burlington Section of the Green Mountain Club:

Barrett, Steve Bausch, Carolyn Bean, Margaret Bean, Ryan and Kelly Borden, Evan Bosen, Philip and Heather Cary, Pamela Clements, Jeff Couture, Joyce and Douglas Cowey, Edwin Dall, David and Amanda Dauerer, Rose Davis, Becky and Wayne DeMaggio, Rachael DeSisto, Thomas Duffy, Cynthia Englert, Pat Farrell, Brent Grace, Jennifer Feldman, Tiffany Fleming, Bryan Fleming, Jason	Fligg, Bruce Fraschino, Julie and Bill Gagne, Larry Garrrett, Michael and Susan Gerritt, Keith Gillim, Sandra Gionti, Linda Grignon, Jean Hall, Bret Hanson, Howard Harbison, John Haselton, Britton & Alexandra Hennessy, Mary Hewitt, Patrick Hill, John Hobein, Chris Hoffman, Emily Innes, Claire Johnson, Megan Kelsh, Christina Kenlan, Kevin	Kenney, Rich Levant, Ronald Luce, Maryjane Mackenzie, Jane Manning, Deborah McVoy, Annelies Mehta, Kurt Merson, Howard Mertz, Gregory Metro, Sally and Will Moore, William Morris, Danny Munkelwitz, Richard Nelson, Cara and Jonathon Nelson, Steven Niclus, Michelle Nowlan, Patricia Orowitz, Andrew Peterson, Rob Plaut, Renate Quinlan, Donna	Richardson, Linda Robinson, Frank Robinson, Lori Saslafsky, Ali Selvaggi, Robert J. and Dixie Sicolo, Bob Smith, Darryl Stahl, Bob Steiner, Terry Thiltgen, Nicholas Thurr, Emily Volk, Wesley Waters, Laura Watts, Katherine Wolf, Greg Worrall, Percy Wrigley, Lee and Katy Wukowitz, Matthew Znamenskis, Nik & Lisa Maynes
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Here are the members of the Burlington Section Executive Committee. Feel free to contact any of us with comments, questions, etc.

President	Phil Hazen	355-7181	philhazen@comcast.net
Vice President	Kelley Mackison	999-7839	kelleymackison@gmail.com
Secretary	Linda Evans	899-3006	linda.r.evans@comcast.net
Treasurer	Joel Tilley	865-9220	jptilley50@gmail.com
Membership	Dot Myer	863-2433	dotmyer@myfairpoint.net
Outings	Paul Houchens	658-1321	houchens@comcast.net
Trails	Pam Gillis	879-1457	pgillis@us.ibm.com
	John Sharp	862-3941	jsharp@zoo.uvm.edu
Shelters	Linda Evans	899-3006	linda.r.evans@comcast.net
Director	Sue Girouard	644-5941	sueg@sover.net
Web Site	Ted Albers	985-9064	ted@ted-albers.net
Special Programs	Robynn Albert	878-4036	robynnalbert@hotmail.com
Ridge Lines	Maeve Kim	899-4327	maevulus@surfglobal.net
	Valerie Wilkins	899-5127	dean.valerie@myfairpoint.net

Section Outings

Summer 2010

Unless otherwise specified, call the trip leader to sign up, find out what equipment you'll need, and learn about any changes. **Check with trip leader before bringing your pet along.** Human guests are always welcome. Trip leaders often arrange carpooling. If you ride along in someone else's car, we recommend reimbursing the driver at the rate of 10 cents a mile.

June

6/5 (Sat) **Spring Trail Work** Spring trail work to clear the Long Trail. Bring work gloves, lunch, water. Tools provided or bring your own. Meet at UVM visitor's lot at 8AM or Richmond Park & Ride (Exit 11) at 8:30AM. Moderate hike, moderate pace, 4-10 miles. Pam Gillis, 879-1457 and John Sharp, 862-3941.

6/6 (Sun) **Camels Hump via Forest City, Long, Monroe and Dean Trails (Dogs Welcome)** Come join another excursion of my Side to Side Series. We'll summit Camels Hump by way of the Forest City Trail and Long Trail. We'll make our way back down the Monroe Trail and cut over the Dean Trail to return back on the Forest City Trail. Difficult with moderate pace, 8.9 miles, 2200' elevation gain. Group limit 10 people, 4 dogs. Contact leader by 6/4. Kelley Mackison, 999-7839 or kelleymackison@gmail.com

6/12 (Sat) **Clark Brook Trail to Roosevelt Mountain** The trailhead is on the east side of the Green Mountains near Granville (Route 100). This trail ends at the Long Trail, then north on the LT to Roosevelt Mountain with views to the east and south. Moderate hike at a moderate pace, 6.8 miles. Please contact leader in advance. Carlene Squires, carlene@gmavt.net

6/13 (Sun) **Mount Ellen** We will take the Jerusalem Trail to the LT, then south to the summit of Mount Ellen; and return. Difficult hike, strong pace, 9 miles, 2500' elevation gain. Group limit 12. Contact leader by 6/11. Richard Larsen, 878-6828 or larsen007@aol.com

6/19 (Sat) **Long Trail from Birch Glen Camp to Montclair Glen Lodge** We will access the Long Trail from the west using the Beane Trail. Hiking north from Cowles Cove Shelter, we'll traverse Burnt Rock, Ira Allen, and Ethan Allen before descending via the Forest City Trail. 11.7 miles, 8 hours, moderate pace. Call leader for meeting time and place. Peter Cottrell, 879-0755.

6/20 (Sun) **Sterling Pond** We will hike from Route 108 in Smugglers Notch to Sterling Pond, enjoy the pond for a bit, then hike around it. Lunch will be at an overlook facing the Notch and Mt. Mansfield. Goodies at the end! Moderate hike, moderate pace, 4 miles, 1000' elevation gain. Call leader by 6/18. Russ Kinaman, 879-6666.

6/26 (Sat) **Work Hike to a Burlington Section Shelter** We'll hike to a local site in either the Mansfield or Bolton Mountain areas with the intention of spiffing up the site, the shelter, and any nearby trails. This will be an easy-going, moderate hike suitable for most anyone. Destination to be determined closer to the date. Call Linda Evans 899-3006 for details.

6/27 (Sun) **Abbey Pond** The trail follows a beautiful brook with a number of cascades and ends at a nice pond with a view of Robert Frost Mountain. Easy to moderate hike, slow pace, 4.6 miles, 1260' elevation gain. (If the Abbey Pond trail is closed for "sensitive species", as it sometimes is, a substitute hike will be found.) Dot Myer, 863-2433 or dotmyer@myfairpoint.net

July

7/5 (Mon) **Shrewsbury Peak and Little Killington Peak (Dog Friendly)** Eager to see some of the side trails leading to the LT? Come join my Side-to-Side Series. Hike to Killington Peak via the Shrewsbury Peak Trail, meet up with the Long Trail, then return via the Black Swamp Trail. Difficult hike, moderate pace, 11.7 miles, 1899' elevation gain. Group limit 10 people, 4 dogs. Contact leader by 7/3. Kelley Mackison, 999-7839 or kelleymackison@gmail.com

7/10 (Sat) **Hedgehog Brook** From the trailhead in Fayston, we'll ascend to the Long Trail and then turn north to Burnt Rock with views to the west. This is a moderate hike at a moderate pace, 5.2 miles, 1000' elevation gain. Contact leader by July 8 for information and to sign up. Russ Kinaman, 879-6666.

7/16 (Fri) **Lincoln Gap to Appalachian Gap** This is a full-day ridge walk on the famed Monroe Skyline. Once we reach the summit of Mt. Abraham, we'll proceed north on the Long Trail. With good weather, we'll have views in all directions with the Adirondacks and White Mountains in clear view. Bring your binoculars!!!!!! Difficult hike, moderate pace, 12.3 miles with lots of ups and downs. Contact leader by 7/14. Pete Saile, 658-0912.

July – cont.

7/17 (Sat) **Beaver Meadow Lodge and Whiteface Mountain** Hike to Beaver Meadow Lodge, then take the Chilcoat Pass Trail to the Long Trail. We'll pass Whiteface Shelter on our way to Whiteface Mountain. Difficult hike, moderate pace, 10.2 miles. Group limit 8-10. Contact leader in advance. Carlene Squires, 434-2533 or carlene@gmavt.net

7/18 (Sun) **Mt. Mansfield - Wampahoofus** Ascend Frost and Maple Ridge Trails, then to Butler Lodge for lunch. Wampahoofus is a steep down. (Have *you* ever seen a wampahoofus?) Moderate to difficult hike at a moderate pace, 4.8 miles, 2200' elevation gain. Contact leader by July 16 for information and to sign up. Russ Kinaman, 879-6666.

7/24 (Sat) **Mt. Moosilauke - NH** We'll get an early start from Vermont, drive to Glencliff NH and climb Mt. Moosilauke via a loop of the Glencliff, Tunnel Brook, and Benton Trails. Difficult hike at a strong pace, 13.3 miles, 4000' elevation gain. Group limit 10. Contact leader by 7/22. David Hathaway, 373-3454 or David.Hathaway.78@gmail.com

7/31 (Sat) **Lake Champlain Bikeway** Enjoy a leisurely bike ride, partially on the Lake Champlain Bikeway (paved and dirt roads) in Shelburne and Charlotte. Bring a lunch and a bike that can handle dirt roads. Meet in Shelburne at 9:30AM. Easy ride, leisurely pace, 15 to 25 miles (depending on participant interest). Group limit six bikers. E-mail ted@ted-albers.net for meeting location & other details.

August

8/1 (Sun) **Blueberry Cobble** This is one of the many little mountains in the Adirondacks that are sometimes forgotten in an effort to climb the high peaks. Bring blueberry pails and hope for a good blueberry year. According to the guidebook, there are enough blueberries to "make blueberry cobble for an army". Sometimes we find almost that many but, even if it isn't a good year, there are views of the Boquet Valley and the Dix Range. Moderate, about 4.6 miles. Dot Myer 863-2433 or dotmyer@myfairpoint.net

Take part in a relay hike to celebrate our 100th Birthday!

8/6 (Fri) **Centennial Relay Hike: River Road to Bolton Notch Road** This outing will be half on roads and half on trails - relaxing and picturesque, with the possibility of great views of Lac Du Champlain and the Adirondacks. A beautiful section of the Long Trail!!!! Moderate hike at a leisurely pace, 8.2 miles, +/- 1000' elevation gain. Contact leader by 8/5. Pete Saile, 658 – 0912 or airhead82@burlingtontelecom.net

8/7 (Sat) **Centennial Relay Hike: Bolton Notch Road to Nebraska Notch** We'll start where Pete's hike left off and continue to Nebraska Notch, with a car shuttle to get everyone back to their cars. Difficult hike, moderate pace, 11.7 miles. There's no group limit, but we'll divide into smaller groups with staggered departure times if needed. Contact leader in advance. Sue Girouard, 644-5941 or sueg@sover.net

8/8 (Sun) **Centennial Relay Hike: Nebraska Notch to Smugglers Notch** This part will start at the Lake Mansfield Trout Club Trailhead and end at Smugglers Notch. Moderate pace, about 10.8 miles, elevation gain over 2800'. We'll figure out a car shuttle system to get everyone back to their cars. Call early. Phil Hazen, 355-7181 or philhazen@comcast.net.

8/14 (Sat) **Mt. Mansfield, Nebraska Notch, Clara Bow** We'll ascend the Nebraska Notch Trail and go south on the Long Trail to Clara Bow, where there's a dark, spooky cave to check out. Then we'll have lunch at Taylor Lodge and descend via the Long Trail and Nebraska Notch. Moderate hike, moderate pace, 4.4 miles, 900' elevation gain. Call leader by August 12 for information and to sign up. Russ Kinaman, 879-6666.

8/15 (Sun) **Worcester Range** We'll climb the Middlesex Trail to the summit of Mt. Hunger, then follow the Skyline Trail to Mt. Worcester, returning on the Worcester Mt. Trail. Difficult, strong pace, 14.5 miles, 4000' elevation gain. Group limit 10. Contact leader by 8/13. David Hathaway, 373-3454 or David.Hathaway.78@gmail.com

8/21 (Sat) **Bamforth Ridge** The trail up Bamforth Ridge is Vermont's highest ascent: 3700' from the banks of the Winooski River to Camels Hump. This difficult 11.8 mile hike crosses many rocky ledges with views of the Hump and surrounding valleys. Alternatively, we could leave a car at the Monroe Trail parking, continue the Camels Hump traverse, and head down the Dean and Monroe Trails, for a 9.6 mile trip. Darryl Smith, 522-2516 or dsmith1vt@yahoo.com or <http://www.linkedin.com/in/dsmith1vt>

August – cont.

8/22 (Sun) **Mt. Mansfield - Rock Garden** From the trailhead on Stevensville Road in Underhill Center, we'll go up Frost and Maple Ridge Trails to Rock Garden, then down to Butler Lodge for lunch. Rock Garden has interesting rock formations as well as a cave. Moderate hike, moderate pace, 4.4 miles, 1500' elevation gain. Call leader by August 20 for information and to sign up. Russ Kinaman, 879-6666.

8/28 (Sat) **Mt. Abraham** From the top of Lincoln Gap, we'll hike the Long Trail north to the top of Mt. Abraham, where there are great 360-degree views. Moderate hike at moderate pace, 5.2 miles, 1700' elevation gain. Sheri Larsen, larsen007@aol.com, 878-6828.

8/29 (Sun) **Mt. Ellen via Jerusalem Trail** From Jerusalem, ascend to the Long Trail and hike south to Mt. Ellen with views to the west. A relatively unknown 4000 footer is 0.4 miles further south. We can check it out. (The other Vermont 4000 footers are Mt. Mansfield, Camels Hump, Mt. Ellen, Killington and Mt. Abe.) Moderate hike, moderate pace, 8.4 miles, 2000' elevation gain. Contact leader by August 27 for information and to sign up. Russ Kinaman, 879-6666.

September

9/4 (Sat) **Work Hike to a Long Trail Shelter** With clippers and paint in hand, we'll hike to a site within the Burlington Section's jurisdiction to perform some minor repairs and cleaning. Some of us may choose to stay overnight. Site to be determined. All levels of hikers are welcome. Call Linda Evans at 899-3006.

9/11 (Sat) **Birch Glen and Molly Stark's Balcony** The Beane Trail goes through hardwood trees at an easy grade to Birch Glen Camp. It's 1.3 miles further to Molly Stark's Balcony where there's a fine view of Camels Hump and the Worcester Mountains. Moderate hike, 5.6 miles (3 miles RT to Birch Glen). Dot Myer 863-2433 dotmyer@myfairpoint.net

9/12 (Sun) **Burnt Rock Mountain via the Hedgehog Brook and Long Trails** Hike from North Fayston to Burnt Rock Mountain on the Hedgehog Brook Trail at it travels through nice woods and along the summit ridge. Steep in some places. You'll see a small glacial pothole on the ridge and have spectacular 360-degree views. Moderate hike, moderate pace, 5.2 miles, 2000' elevation gain. Contact leader in advance. Peter Cottrell, 879-0755 or pcottrel@myfairpoint.net

9/18 (Sat) **Skyline Trail** Traverse the entire length of the Worcester Range, starting at the Middlesex Trail and ending at the Worcester Mountain Trail, where a car will be spotted. Difficult, 10.5 mile trip: 2.3 up to White Rock Mountain, 5.7 miles crossing Hunger Mountain and No Name Mountain, to Worcester Mountain and 2.5 miles back down. Darryl Smith, 522-2516 **or** <http://www.linkedin.com/in/dsmith1vt> **or** dsmith1vt@yahoo.com

9/19 (Sun) **Skylight Pond Trail, Long Trail, Burnt Hill Trail (Dog Friendly)** Hike up Skylight Pond Trail to the Long Trail south, meet up with the Burnt Hill Trail and hike back out. Moderate hike, moderate pace, 7.1 miles, 1400' elevation gain. Group limit 10 people, 4 dogs. Contact leader by 9/17. Kelley Mackison, 999-7839 or kelleymackison@gmail.com

9/25 (Sat) **Little River State Park** Come see the remnants of the abandoned settlement west of Waterbury Reservoir. The trails follow ancient roads. Trip leaves Richmond Park and Ride at 9:00AM sharp and returns there at 4:00PM. Moderate hike, leisurely pace, 7 miles. 700' elevation gain. Contact leader by 9/23. Joe Frank, 862-1816 or jefrank2@gmail.com

9/26 (Sun) **Mount Hunger** The bald summit of this mountain is known for wonderful views. If it's a clear day, we'll have outstanding views of the Green Mountains, Adirondacks and Presidential Range. Let's hope the sun shines! Moderate, 4.4 miles, 2290' elevation gain. Contact leader by 9/24. Kathy Adams, 399-8687 or Hikeradams@hotmail.com

Do You Have a Story about a Hike on this Section?

In this issue, we've highlighted the trails, shelters, lodges and camping areas along our section of the Long Trail. We'd love to hear your experiences about this part of our world! Share your hiking stories by visiting the Burlington Section website (<http://gmc Burlington.org/>) and adding your comments to the online version of this article. We'd love to hear from you!